

From England to New England!

Wendy Buonaventura, "Living Legend in Arabic Dance"
Coming in JULY 16th and 17th, 2011

Sponsored by **Attar Mellea** and **Dance Northampton Studio**. 413-325-3967 - www.attarbellydance.yolasite.com

Offering a weekend of workshops to all levels of belly
dancers, all are welcome!

Dance Northampton Studio

Air Conditioned and free parking!
492 Pleasant Street
Northampton, Ma. 01060



"Wendy Buonaventura is quite literally a living legend in Arabic dance and has taken the art form to audiences worldwide with her innovative and beautiful stage shows" -
Morag Deyes (Director, Edinburgh Dancebase Festival)

-Spinning Turning and Trance – Baladi Tango Fusion –
- Arms and Upper Body with Traveling Steps – The Performer in Us, Deepening our Expression-

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-----Registration Form-----

Your name:

Your teacher's name (if you have one):

Your Address, email and phone number:

How many workshops will you attend?:

Would you like a private lesson? You will be contacted if you reply "yes" with rates and available time slots:

Please mail a deposit of \$10 per workshop to pre-register and pay the remaining amount on the day of the workshop(s). Mail to Whitney Suter 169 Dudleyville Road, Leverett MA 01054.

4 workshops for \$150, or any 2 workshops for \$75, or pay \$40 per workshop if you register by July 1st 2011, all others pay \$45 per workshop. Space is limited to ensure ideal student/teacher conditions. To pre-register, mail a non-refundable deposit of \$10 per workshop to reserve your space in any class. Contact Whitney for a registration form and address to pre-register. To register, contact Whitney 413-325-3967 (call or text) or email attarmellea@gmail.com or visit www.attarbellydance.yolasite.com. Students of participating teachers are encouraged to register through their teachers! Participating teachers include Krista Thompson, Teresa Comtois, Asherah, Attar Mellea. Additional teachers are welcome to participate in the school program. Contact Attar for information.

Please complete the form, detach and mail to Whitney Suter at 169 Dudleyville Road, Leverett MA 01054. Call 413-325-3967 with any questions or email attarmellea@gmail.com.

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WORKSHOP DESCRIPTIONS:

1) SPINNING, TURNING AND TRANCE 10am Saturday July 16th 2011

Relaxing and finding our centre; the use of controlled spins and turns as part of a choreographed dance; and releasing the spirit in the energizing ritual of trance dancing.

2) BALADI-TANGO FUSION 1pm Saturday July 16th 2

Slinky tango legwork meets the sinuous spine and hips of Egyptian baladi. This workshop includes technique plus small choreographic combinations, and new ideas about how to work with a partner in this danced duet.

3) ARMS & UPPER BODY, WITH TRAVELLING TURNS (combination workshop: Sunday July 17th 10am

Arm and upper body movement give us the emotional element of dance. We look at how simplicity and control in the arms support the more lively aspects of travelling and turning, to create elegance and flow. This workshop includes technique, and introduces us to finding our centre and releasing our energy in controlled spinning. NB: This spinning is at an elementary level, and is designed to help dancers' confidence with turns.

4) THE PERFORMER IN US/DEEPENING OUR EXPRESSION Sunday July 17th 1pm

This workshop aims to help deepen our expression and confidence as dancers and make us more effective performers, whether in an amateur or professional situation. It could cover a number of themes; focus; being prepared/strategy in every sense; beginnings and endings; group awareness; distance and connection with the group and with the audience; the use of stillness in dance and music; musical interpretation. This workshop includes improvisation exercises.

PRIVATE LESSONS limited to just 3 time slots (Contact Whitney to schedule yours)

Wendy was among the first to pioneer Middle Eastern dance as an art in the West, and is well known for her book on its history: *Serpent of the Nile*. This book has recently been updated and reissued and she recently completed a slideshow/talk about it for the *Guardian* newspaper.

Wendy has won international praise for her performance work combining text and dance, and a documentary has been made about her for British TV. She celebrates dance as a key to tapping our creativity and hidden energies, her style drawing on a broad experience of dance, theatre and bodywork. Her book *Something In The Way She Moves* (U.S. title) looks at women's social/sexual history through dance and other of life's pleasures. Her most recent book *Midnight Rose* is based on the life of scandalous Edwardian dancer Maud Allan. She is also the founder/artistic director of the UK festival *Sirocco*.

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